

# Trauma Informed Recovery Oriented Community of Care Newsletter

## Spring Edition 2016



A Legacy of Hope and Success!

## Creating a Community of Care in Richland County



On April 26, 2016 the Community of Care partners will welcome Dr. Sandra Bloom to Richland County to speak on the topic of Trauma Informed Care.

Dr. Bloom is a Board-Certified Psychiatrist, graduate of Temple University School of Medicine, Associate Professor of Health Management and Policy at the Dorsife School of Public Health at Drexel University and is President of CommunityWorks, an organizational consulting firm committed to the development of nonviolent environments. Dr. Bloom currently serves as Distinguished Fellow of the Andrus Children's Center in Yonkers, NY.

From 1980-2001, Dr. Bloom served as Founder and Executive Director of the Sanctuary programs, inpatient psychiatric programs for the treatment of trauma-related emotional disorders. In partnership with Andrus Children's Center, Dr. Bloom has established a training institute, the Sanctuary Institute, to train a wide variety of programs in the Sanctuary Model®. The Sanctuary Model® is being applied in residential and multi-service treatment programs for children, inpatient mental health programs, schools, domestic violence shelters, group homes, homeless shelters and communities.

Dr. Bloom is a Past-President of the International Society for Traumatic Stress Studies and author or co-author of a series of books on trauma informed care: *Creating Sanctuary: Toward the Evolution of Sane Societies*; *Destroying Sanctuary: The Crisis in Human Delivery Service Systems* and *Restoring Sanctuary: A New Operating System for Trauma-Informed Systems of Care*.

Dr. Bloom's presentation will focus on and overview of trauma informed care in communities including trauma theory and how it can be practically applied; on implications of trauma and application of trauma informed care to recovery; and developing and applying a lens of moral safety in create trauma competent providers.



Building a stronger trauma competent community of care is no easy task. Thank you to the co-sponsors who are making this possible; The Mental Health and Recovery Services Board of Richland County, L. Harrison and Associates, Summa Health-Department of Psychiatry, Ohio Health, and Third Street Family Health Services.

Thank you to Dr. Bloom for visiting Richland County and sharing her experience and knowledge with the partners involved in this project.

Sherry L. Branham, MPA  
Director of External Operations, RCMHRSB

# UMADAOP and Trauma Informed Community of Care: Baker on Board

Dennis A. Baker is the Executive Director of Mansfield UMADAOP. He retired after serving 28 years in corrections, serving in numerous positions. His final position being Deputy Warden of Special Services at Richland Correctional Institution. Dennis also served as Bureau Chief of Equal Employment Opportunity for ODRC. He continued after retirement serving as an auditor for the American Correctional Association and continues to share his experience by as a trainer educating others in corrections and re-entry.



Baker does not see much of a difference in the job he did with corrections and the services he provides today. He stated, *“My philosophy as a warden was different from my predecessor; perhaps because I lived a life similar to some of those imprisoned, and those I work with today. I viewed the prison system as a microcosm of the larger community. I tried to make the atmosphere as close to society as I could, providing many of community institutions such as barber shops, stores and employment.”*

He discussed the difficulties of changing mentalities in a field or workplace. *“The push back is not from those we serve, but those serving with us. Many people think that criminals and drug addicts are animals and should be treated as such instead of viewing them as potential productive citizens.”* He

discussed the changing times as increasing trauma. *“I grew up in a time where a person went to jail, served their time and that was it. Today’s society is not that way, a crime follows you. When you try to follow a reentry plan and day after day doors are closed in your face, you are unable to become a productive member of society and that traumatizes further.”*

## UMADAOP’s Mission Statement

The mission of the Mansfield Urban Minority Alcoholism and Drug Abuse Outreach Program is to ensure that alcohol and other drug prevention and treatment services are available, accessible and affordable to the African-American and Hispanic populations, as well as other populations affected by alcohol and drug abuse issues.

We Strive to deliver these services in a manner that is reflective of and responsive to the cultures of these populations. Our services include treatment, intervention and prevention.

Mansfield UMADAOP provides an atmosphere where at risk youth, adults and families receive prevention, intervention and treatment services to combat alcohol, tobacco and other drugs abuse, help reduce violence and resolve other crime-related problems. It is our intention to provide a safe, chemically free community environment in which at risk youth, adults and families are education on chemical dependency, sobriety, relapse prevention and family reunification skills.

Baker views the current population he serves in the same light. He discussed the correlation between crime, drug use and MH, and feels they are more connected than people would like to believe. The common denominator in his experience is trauma. He discussed seeing *“a spectrum of every form of*

*trauma possible; broken homes, broken relationships, neglect and abuse. The initial trauma often sets them on a path of self-destruction, and they look for relief in drugs and relationships which actually serve to further traumatize.”*

Baker stated the Boards decision to tie the TICC initiative to future funding for agencies *was necessary if they want to get it done*". He suspects that the Board will meet some resistance from agencies who will need encouragement to follow and comply with the initiative."

Baker discussed the UMADAOP "Brand" that sets UMADAOP ahead in this initiative. He stated the brand is, "his philosophy of care and he uses it as a guide for policies, practices and staff development", "The brand is simple, it is being a caring, compassionate, understanding professional, who stays abreast of trends and resources that are available, incorporating them into care. While being empathic and caring the brand also helps by holding people accountable and being consistent, stern and fair". He states, "The brand and TIC are one and the same ." He discussed the TICC initiative as validating UMADAOP's philosophy of care. He discussed UMADAOP and other providers having room for improvement and growth .



When asked what he feels it will take for Richland County to become a TICC and what his hopes and vision is for the initiative he very pointedly said, "I believe it would take a well thought out five year plan and someone will have to be the vanguard. It will take a strong leader who has the gumption to tell agencies, who begin to stray from the plan, that they are off track and if they do not get back on track they will lose funding. I don't see it working without a strong leader to enforce the plan, who is active with the agencies and has a good understanding of what is going on in the agencies." Dennis's vision for the community is the same as it is for UMADAOP. "I think we will be a group of agencies that supports one another, we all provide the same level of service, and the petty competitiveness will end".

*Melissa Tester, LSW, LCDCIII  
Assistant Clinical Director, UMADAOP*

**Contact Mansfield UMADAOP  
(419) 525-3525**

Office Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m

# Looking Back and Moving Forward

We are rounding the corner of the first year of the Trauma Informed, Recovery-Oriented Community of Care Project and we are right on schedule. At this point all agencies and departments that are in the project have had their evaluation and are discussing the results with L. Harrison and Associates. The plan is for agencies and departments to use these evaluations, to develop a plan to build on the positives and address the concerns, and have the plan ready to implement internally by no later than July 1<sup>st</sup>. Each agency will determine what they would like to share with the Board from their reports. It is my intention to integrate that information with the Board's evaluation. I will then utilize this information to draft State Fiscal Year 2017's Community Plan and also develop a 5-year Strategic Plan.



We have started to find partnerships that will further the Community of Care. Several of the agencies have been working with the Richland County Children Services Trauma Informed Project where they are developing a trauma informed approach to working with family teams. Patty Harrelson and I have tried to make sure our two projects dove-tail nicely. We have also partnered with Third Street Family Health Services, OhioHealth and Summa Health Department of Psychiatry to bring Dr. Sandra Bloom to Richland County for a full day of training entitled "Creating a Community of Care: Creating a Moral Intelligence in a Community." The training will be April 26<sup>th</sup>. We hope to see you there!

Joe Trolian, MA, LPCC-S, LICDC-CS  
Executive Director, RCMHRSB

## Upcoming Events:

4/14/16 Steering Committee Meeting

4/26/16 Creating a Community of Care: Developing Moral Intelligence in Communities Training- Dr. Sandra Bloom

5/2/16 Joe Trolian, Executive Director of the Richland County Mental Health & Recovery Services Board and Landa Harrison of L. Harrison and Associates will be presenting Trauma-Informed Recovery-Oriented Community of Care: A Systemic Adaptation at the 2016 Opiate Conference at the Hyatt Regency Columbus.

June 1 & 2, 2016 Recovery Conference, Columbus-OACBHA is hosting and it is free for anyone wishing to attend.

## The Community of Care Network:

The network includes the following organizations that are working collaboratively to provide assistance, support and advocacy for the Richland County community.

CACY (Community Action for Capable Youth)  
Catalyst Life Services  
Family Life Counseling & Psychiatric Services  
NAMI (Richland County National Alliance on Mental Illness)  
UMADAOP  
Three C Counseling  
Richland County Job & Family Services Adult Protective Services  
Richland County Juvenile Court  
Richland County Mental Health & Recovery Services Board

**For more information, please contact:  
Richland County Mental Health & Recovery Services Board**