

TI-ROCC: A RICHLAND COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD REPORT TO THE COMMUNITY

Volume 1 SFY 2016



A Change Has Occurred

You may notice that we have changed the acronym from ROSC (Recovery Oriented System of Care) to TI-ROCC (Trauma-Informed, Recovery Oriented Community of Care). This name reflects the expanded efforts that have occurred during the first quarter of SFY 2016 and the inclusion of organizations beyond the behavioral health system.

The Community of Care Project (the shortened name) will include the following programs: The Richland County Mental Health and Recovery Services Board, Catalyst Life Services, Community Action for Capable Youth (CACY), Family Life Counseling and Psychiatric Services, Mansfield Urban Minority Alcohol and Drug Abuse Out Reach Program (UMADAOP), The National Alliance on Mental Illness (NAMI) of Richland County, Richland County Common Pleas Court: Juvenile Division, Richland County Job and Family Services: Adult Protective Services Division and Three C Counseling.

Objective

The Community of Care Project will work with L, Harrison and Associates, out of Pittsburg, PA. until December of 2016. A specialist in organizational implementation of Trauma Informed processes both internally and externally. Organizations involved in the process will be initially assessed as to their current level of Trauma-Informed and Recovery Oriented practices. Based on the report, they will each develop a strategic plan that will allow them to address the areas where they may need to change or adjust, but also to capitalize on the areas where they are already doing well. All of these plans will come together in a 5 year Strategic Plan implemented by the Mental Health and Recovery Services Board and will tie into the Bi-Annual Community Plan required by the Ohio Department of Mental Health and Addiction Services.

The reminder of the project will be dedicated to providing both large and small trainings that will address various areas for each of the organizations.

The ultimate goal of this effort is transform the larger system, by staying focused on recovery and acknowledging trauma in both the community that we serve as well as in ourselves. We will look to measure an increasing level of satisfaction in the interactions with these organizations. We also anticipate seeing a higher rate of satisfactorily accomplishing personal goals and objectives by community members and a decrease in staff dissatisfaction and turn over as a result of addressing secondary trauma.

Implementation of Results From ROSC Pilot Survey

The results of the pilot survey were implemented in the contracting process for SFY 2016. Here are the results:

Agencies were provided with the option to address one or more of the 25 items from the Survey that were rated a 3.85 or lower with new programming and requests for new monies. The following items were addressed:

Catalyst Life Services' Parenting Education Program: Addressed Item 18 "Individuals have timely access to services and supports that are most helpful for them" (score 3.53), Item 29 "A no wrong door policy exists in the community for children, adolescents and adults to engage individuals at whatever point they enter the system, and determine the most appropriate type and level of care at that time"(score 3.71) and Item 4 "Every effort is made to involve significant others (spouses, friends, family members) and other natural supports (i.e. clergy, neighbors, landlords, coaches) in planning of services-if so desired"(score 3.78).

The program will utilize the "Positive Parenting Program (Triple P)" to address the needs of 80-100 caregivers of children with mental illness. Some aspects will be billable services, but others needed additional discretionary funding. Success will be measured through the use of the Parenting Scale a test with established reliability and validity.

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Catalyst Life Services' School Liaison Program:

Addressing Item 6 " Most services are provided in a person's natural environment (i.e. home, community, workplace" (score 3.23) as well as Items 18, 29 and 4.

The program will introduce a school liaison to Mansfield City Schools. The role of the Liaison will be multifaceted. The liaison will have a non-traditional role within the school district connecting students and families with resources and coordinate services in the community with mental health and drug and alcohol services. The immediate goal will be to reduce the number of crisis calls and crisis response, as students who have behavioral health needs would gain greater access to services within their own school community.

NAMI's Family Involvement Program:

Addressing Item 4.

The Program will utilize a liaison to outreach to initially three treatment providers, Catalyst Life Services, Ohio Health MedCentral Hospital and Heartland Behavioral Health Center. The Liaison will be charged with encouraging them to engage and retain family/natural support as a critical component of a client's treatment and recovery.

NAMI's NAMI Connections

Addressing Item 40 "Coordination exists to linking people in recovery with other persons in recovery who can serve as role models or mentors" (score 3.61).

NAMI Connections is a recovery support group for adults with mental illness. The group provides respect, understanding, encouragement and hope. This approach can support individuals as they share challenges on their road to recovery. The program hopes to address 20 adults during the 1st year.

NAMI's Teachers and Parents as Allies Program

Addressing Item 44 " Strategies to decrease stigma are conveyed to all partners and are consistently implemented in communities" (score 3.49).

This program focuses on helping school professionals and families within the school community better understanding the early warning signs of mental illness in children and adolescents and how best to intervene so that youth with mental illness are linked with services.



The Mental Health and Recovery Board Perspective

Family Fun at Sterkel and The Spherion MidOhio 13er.

Addressing Items 43 " The community offers opportunities to help people become involved in activities that give back to their community (i.e. volunteering, community services, neighborhood watch/clean up)" (score 3.73) and Item 69 " Safe and sober and fulfilling activities are offered in the community" (score 3.78).

During the 1st quarter of SFY 2016 the Board was instrumental in helping to introduce 2 inaugural events to Richland County that we hope will become annual activities.

The first event on July 25th was the Family Fun at Sterkel. This was a cooperative effort between the MH&RS Board, the organizations located in the Sterkel Complex including; Catalyst, Children Services, Richland Newhope, The Health Department, Third Street Family Health Services and the YMCA as well as CACY and the Youth and Family Council. The event lasted 4 hours and included free activities for kids and family members, food, a charity dunk tank, a car show and ended with an open swim at the YMCA.

The second event was held on September 5th was the Spherion MidOhio 13er, half marathon and 5k fun run. The purpose of the event was to raise funds for drug and alcohol prevention efforts. This was a true grassroots effort Spearheaded by Tim Hilterman and involving various organizations from around the County. The event drew 250+ runners and raised over \$10,000.00.

Consumer and Family Advisory programs for agencies. *Addressing Items 4, 38 "Persons in recovery are involved with facilitating trainings and education programs" (score 3.78) and 67 " With input from individuals and family members, meaningful traditions to celebrate people's wellness exist" (score 3.82).*

The follow item was added to "Evaluation and Accountability" section of the provider contracts

"The Provider will endeavor to establish a face to face feedback mechanism from clients and families (i.e. focus groups, advisory committee, etc). This should be active at least 2 times per year and formally established by June 30, 2016."